



# resort experiences

## resort amenities

### **18 hole championship golf course**

Putting green

Club rentals, group lessons/clinics, pro shop

### **luxurious 8,000 square foot spa**

16 treatment rooms overlooking the valley

### **skiing & snowboarding**

15 alpine runs, 2 terrain parks, 2 lifts, magic carpet

Ski rentals, private and group lessons

Snowshoe hiking, rentals available

### **seasonal outdoor ice rink**

### **indoor and outdoor pools, dry sauna and hot tub**

### **fitness centre and hiking trails**

### **bocce court**

*Some amenities are weather dependent.*



## palate pleasers

### **beer tasting**

A selection of six beers focusing on local, artisanal breweries and International selections of various styles. This 30-45 minute event can be held prior to or after your dinner and includes cheese and charcuterie for your enjoyment.

\$30\*\* per person

### **the perfect risotto**

Enjoy a cooking demonstration, tastings and a glass of wine while learning the tips to making the perfect risotto. Gather around the food bar to watch the chef prepare one of the most challenging Italian inspired dishes, a garden risotto. Includes an informative 30-45 minute session with questions and answers with the chef.

\$45\*\* per person

### **the art of pizza making (may – october)**

Gather around the outdoor grill and learn the art of pizza making. Prepared before your eyes in 90 seconds from our Wood-Fired Oven using fresh garden ingredients. Enjoy a cooking demonstration, tastings and glass of wine in Hockley's garden. Includes an informative 30-45 minute session with questions and answers with the chef.

\$45\*\* per person

### **garden tour (may-october)**

Enjoy a guided tour through our organic garden and orchard. During the tour we will explain gardening techniques, secrets of the trade and showcase our garden to table philosophies. Guests will be free to taste the bounties of the garden depending on the season and what is available. The guided tour will also include a tour of our training vineyard where you will be treated with a glass of sparkling wine as you meander through the vines exploring the several grape varietals that we are growing.

\$30\*\* per person

### **the great chili cookoff**

We provide all the fixin's for a fantastic chili – teams work together to make the perfect chili! Our culinary team will attend the final presentation and decide which chili is the big winner! (done as a meal replacement)

\$90\*\* per person (or plus \$45\* per person in addition to the corporate package rate, maximum 40 person)

\*Plus taxes and gratuities. \*\*Surcharge of \$150 + HST will apply for groups of less than 15. Additional charges may apply for groups over 30.

[hockley.com](http://hockley.com) 1-866-HOCKLEY



## adamo estate winery

### private tastings

*Minimum 10 guests, maximum 20 guests per guide.  
Add Tour for \$10\*\* per person*

#### **adamo introductory flight**

Includes a structured tasting of 4 Adamo Estate wines featuring two aromatic white wines, one rose wine and one red wine.  
\$20\*\*

#### **adamo premium flight**

Includes a structured tasting of 4 Adamo Estate Premium wines featuring a sampling of our signature pinot noir and chardonnay releases.  
\$30\*\*

### private tour, tasting & culinary experience

*Minimum 10 guests, maximum 20 guests per guide.*

#### **soma chocolate experience**

Includes a 30 minute guided tour of our vineyard and wine making facilities followed by a structured tasting of 4 Adamo Estate wines paired with Soma Chocolate.  
\$45\*\*

#### **cheese & salumi experience**

Includes a 30 minute guided tour of our vineyard and wine making facilities followed by a structured tasting of 4 Adamo Estate wines paired with our house-made salumi and curated cheese boards.  
\$50\*\*

### shuttle service

*Maximum 14 guests per trip  
One way trip is 10 minutes including boarding, travel and drop off*

Round trip service from Hockley Valley Resort to Adamo Estate Winery  
\$10 +HST per person

\*Plus taxes and gratuities.

[hockley.com](http://hockley.com) 1-866-HOCKLEY



## wellness wows

### wellness break

*10-20 minutes. Minimum \$120 per group. Additional charge applies for groups larger than 30.*

#### **high energy activity break**

Designed to “shake things up”, this break will actively engage participants through laughter, playfulness and interactive activities and games. This highly energetic facilitator is sure to get any group of people moving. Partner and team games for fun competition.

### wellness workshops

*45-60 minutes. Minimum \$200 per group. Additional charge applies for groups larger than 30. Customize your own session!*

#### **de-stress & be well**

While stress, frustration, and other daily setbacks will always be there, the good news is, so will our breath. Don't wait until fight or flight kicks in before minding your breath. Controlled breathing not only keeps the mind and body functioning at its best, it can also lower blood pressure, promote feelings of calm and relaxation and help you to de stress. 3 Breathing techniques are taught and a guided meditation finishes this wellness break.

#### **desk stretches**

One of the most effective, inexpensive and pain-free ways to look and feel younger is to perform daily stretches to keep the spine mobile, helping to sustain a tall, lifted and healthy posture. Increase performance at work and recreation with these easy stretches to be done at your desk or seated workstation.

### fitness session

*60 minutes. \$20 per person. \$200 +HST minimum charge. One hour private or group session.*

#### **yoga**

Sunrise Yoga is a lovely way to start your day. This class is designed to create space within the body and awaken your senses to prepare you for your day. Each class starts with introspection using breath and then slowly moves into a simple sun salutation which opens and softens the mind, body and soul. The class continues with seated slow static postures to open up, stretch and tone the entire body. The class finishes with various breathing exercises and light meditation. All levels.

\*Plus taxes and gratuities.

[hockley.com](http://hockley.com) 1-866-HOCKLEY



## sporting fun

### **group golf event**

Improve your Golf Skills with 2 x 30 minute workstations with our professional golf staff. Alternate between stations focusing on putting and chipping. \$25 per person, minimum of 8 people or a minimum fee of \$200 per group. Available during golf season, group size restrictions may apply.

### **downhill ski lessons**

Enjoy lessons from our renowned ski instructors. \$89 per hour +HST per person, additional persons (same ability, same discipline) \$29 per hour +HST  
\*\*Must have valid lift ticket or season pass to participate.

## get your group on

### **enjoy a bonfire**

Enjoy a cozy bonfire and warm beverages for a fun evening. Marshmallows or s'mores add to the enjoyment. \$75 for a 2 hour private bonfire. Food & beverages are priced separately.  
\*\*Dedicated, private beverage service exclusively for your group is available for \$25/hr.  
This allows your guests to order beverages comfortably from their chair without making the trip over to the bar.

## entertain me

Ask us how to arrange a great onsite event for your group. Conducted before, during or after dinner and in 45 minute or longer formats. Examples include:

**Yuk Yuk's Comedy Show**

**Magic Workshops**

**Casino Night**

**Line Dancing**

**Karaoke**

**"Iron Chef"**

**Murder Mystery**

**Rock the Stars and so much more...**

\*Plus taxes and gratuities.

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# Looking for something different?

Find the answer on the following pages!

Each of these companies have worked closely with Hockley Valley Resort and we highly recommend them!





*"Strengthen your people, strengthen your team," is more than a tag line for Leap Adventures. By providing events that are more than a pep talk, far more than just fun, and much longer lasting than a day out of the office, Leap Adventures will transform your work environment.*

### **Mini Olympics**

This series of sports-based team events, with "a little twist" has teams competing against each other and the clock. Designed to be light, fun, and exciting, from the opening until the closing ceremonies.

### **The Amazing Race**

Teams must find a series of checkpoints and successfully complete each task that awaits them. This exhilarating race will take participants on a journey around the resort, looking for flags, deciphering clues, and tackling unique team tasks.

### **Survivor Challenge**

Adventure-based team challenges that build confidence, co-operation, and teamwork. Teams are challenged to work together to accomplish tasks by using playful ingenuity, communication, and problem-solving skills.

### **Low Ropes Course**

This program challenges participants to work a little outside of their comfort zone and create an atmosphere where trust, communication, and out-of-the-box thinking are always at work. Activities tackled are designed to incorporate group planning and debriefing stages and identify individual roles and strengths.

### **Communication Combat Challenge**

Various hands-on activities identify the diverse roles within the group, strengths of team members, and the effectiveness of their communication patterns. This action-based learning takes place indoors or outdoors and requires co-operation, trust, leadership, and innovative problem solving.

### **The Scrambler**

A two-part program which has teams scrambling, searching, gathering, and implementing a game plan to efficiently and successfully travel throughout the resort. Teams will be given a set of clues that lead to specific areas in search of scrambled letters while finding and collecting certain unusual items from a collaborated list.

### **Pay It Forward**

This one-of-a-kind team building adventure has corporate clients paired with a charity of their choice in order to see their group effort culminate in a practical, valuable, outcome that will have an immediate impact in the community. Adventure options off the team building menu are customized to result in a powerful project that pays it forward. While the steps may be simple, the result could change the world. In the past, bicycles and bunk beds have been built. A gift-giving challenge resulted in a refurbished youth room. Your imagination and collaboration with LA's Director, Jessie Steinberg, will amaze you and empower your team with an event that promotes connection, intention, and purpose.



### **JESSIE STEINBERG: SURMOUNTING ONE OF MANY SUMMITS!**

*As founder of Leap Adventures, for the last decade Jessie has been a trusted leader in the field of team development. Authenticity and straight-up skill-building are at the core of every workshop, conversation, and call. Tiny but mighty, we've lost count of how many times she's been called a "firecracker". She's LEAP Adventures beloved coach, leader, and mentor. Reach Jessie at 519-938-1524, [jessie@leapadventures.ca](mailto:jessie@leapadventures.ca) or check out [www.leapadventures.ca](http://www.leapadventures.ca) to take the LEAP!*

## **Gregarious Games Night**

An exceptionally fun evening with friends and colleagues that provides great social interaction, loads of laughs, and thought-provoking game play. This program is structured in a round-robin tournament style and consists of various card games, quick witted hilarity, and mind-challenging games.

## **Minute to Win It**

Through the use of many unusual competitive events using various household items, each participant will experience the thrill of being a player and an encouraging teammate. All challenges activate the competitive spirit, out-of-the-box thinking, and creative problem solving. This 1.5 hour program fosters fun, playful competition, and surprises.

## **Drum Circle**

This hands-on drumming circle has drums and other percussion instruments being used as tools for communication empowerment, bringing people together, and sharing very positive vibrations amongst all participants. This rhythm based event helps synergize your corporate community's intentions and goals by bringing participants to a place of common purpose while generating lots of energy and laughter. All instruments will be provided by LEAP Adventures.

\*special pricing applies (see fee schedule)

## **Rowing Your Team to Success** (seasonal)

Rowing is a remarkable sport which generates uniquely enriching team building opportunities. No other sport requires the same level of synchronicity and commitment to achieve a successful outcome. In just 2-3 hours, your team will experience the exhilaration of working together and the thrill of balancing on the water as a team while receiving coaching from our expert LEAP Adventures facilitator. This transformational time for your team begins at HVR and transitions to the boatyard, less than ten minutes away.

\*special pricing applies (see fee schedule)

## **Guided Snowshoeing** (seasonal)

Let one of our experienced LEAP Adventures guides take your group on an unforgettable excursion through the rolling hills of the Niagara Escarpment. The beauty and wonder of the exquisite surroundings will unfold in the near-silence of the snow. Choose to experience this as a night walk to include discovery of the winter sky.

\*special pricing applies (see fee schedule)

## **Guided Hikes**

Let one of our experienced LEAP Adventures guides take you on a scenic hike through the beautiful Bruce Trail. The hike can accommodate any fitness level. A picnic lunch or snack can be arranged by the Resort at an additional cost.

\*special pricing applies (see fee schedule)

## **Word Nerd Boot Camp**

Wordsmiths, word nerds, or those who loathed high school English (and beyond), this session will engage, entertain, and educate you! In this team-building event, participants will learn and practice simple techniques with each other for making their writing positive and effective, be it in text or by email – or even in letters, on paper, like the dinosaurs used to write!

## **Art Jam!**

Engage the right side of the brain and wake up the creativity (think: problem solving, innovation, originality) that art experimentation stimulates. Participants will receive step-by-step instruction by an art instructor and will work independently, in pairs, or in small groups to create their own artwork. Think of it as a free-style painting party!

\*special pricing applies (see fee schedule)



## Rube Goldberg Experience

The Rube Goldberg Experience is an exciting new indoor program. Think of this activity as building a "Mousetrap Game". A Rube Goldberg machine is a contraption, invention, device that is deliberately over-engineered to perform a simple task in a complicated fashion generally including a chain reaction. The team will use their wit, creativity, initiation and out-of-the-box thinking to create one machine.

\$750/20 ppl, \$35 per additional person

## Safe Cracker Program

Safe Cracker is a mobile escape room with a countdown clock that adds to the game's excitement. While it shares similarities with other traditional escape rooms, there's a big difference: we take Safe Cracker to you - your office, your meeting, your conference - wherever you are! Our new team building activity, has your participants working together by accident, as the teams need to work together to solve puzzles, brain teasers and challenges while utilizing the individual strengths of their team members to win the game. This program touches on the 4 "C"s: Critical Thinking, Creativity, Communication, and Collaboration. A perfect team building event.

\$750/20 ppl, \$35 per additional person



### LEAP Adventures Corporate Team-building:

Each program is created in consultation between the client and LA's Director

Each program runs for approximately two hours

Each program will use the facilities at HVR and will be coordinated with the banquet event order

Prizes beyond "bragging rights" will be provided by the client

Programs are facilitated by LEAP Adventures' highly trained facilitators

Additional facilitators required will cost \$120.00 each (standard programs include two)

All programs can be offered year-round, indoors or out

\*\*\*All prices are subject to HST\*\*\*

\*\*\*Specialized programs will have additional costs\*\*\*

0 - 30 people participating	\$685.00
31 - 40 people participating	\$750.00
41 - 50 people participating	\$900.00
51 - 60 people participating	\$1320.00
61 - 70 people participating	\$1540.00
71 - 80 people participating	\$1760.00
81 - 90 people participating	\$1980.00
91 - 100 people participating	\$2200.00
101 - 110 people participating	\$2420.00
111 - 120 people participating	\$2640.00

Drum Circle	\$750 for up to 20 ppl \$37.50 per additional person
Row Your Team	starts at \$1600/15 ppl, \$105 per additional person - 32 ppl max
Guided snowshoeing	\$250/20 ppl, 1.5 hr expedition Additional \$25/person for snowshoe rentals (20 pairs available)
Guided hike	\$200 for up to 15 ppl/guide
Art Jam	\$925/15 ppl, \$45 per additional person



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## Team Building. All your corporate team building needs. Play with Purpose!



Delivering experiential team building programs for over 15 years.  
All programs are individually customized and priced accordingly.

### TEAM BUILDING PROGRAMS

#### Reaching New Heights

This high ropes experience will literally take your team to new heights of trust, mutual support, leadership and collaboration. No experience is necessary and there is a role for everyone regardless of fitness level (designed for an adult corporate audience)

#### Put Your Chef Hat On!

This competitive food adventure will challenge teams to create the ultimate culinary masterpiece. Although you will not be cooking a meal for one another, you will bond as a team, strengthen relationships and create lasting team memories. It's play with a purpose!

#### Building Bridges

Examine the importance of healthy communication while constructing components of a freestanding bridge- all while geographically separated from your teammates! This challenge ends on a high note as each bridge is put to the test!

#### Development Workshops

Experience a custom 1-3 hour workshop that will enhance the development of your team and support the learning initiatives of your event. Our curriculum has been offered at leading business schools in North America and the UK and can focus on team development, leadership, creativity and innovation, communication, change, emotional intelligence and more.

#### Motivational Keynote

Summit president Scott Kress is an award winning EMBA leadership and team development instructor, an author, and a masterful storyteller. Bring Scott in as an opening speaker to set the tone for your meeting, an evening speaker to reinforce your message, or a closing speaker to send your team home ready to tackle challenges with new enthusiasm!

[www.summitteambuilding.com](http://www.summitteambuilding.com)



# MY BIG IDEA™ HOCKLEY VALLEY RESORT PROGRAM

## WHAT IS MY BIG IDEA?

- An experiential goal setting program
- Two customized program streams – MBI Professional and MBI Personal

## WHAT'S THE DIFFERENCE BETWEEN MBI PROFESSIONAL AND MBI PERSONAL?

- **MBI Personal Workshops** are typically delivered to Owners/CEOs/VPs who are looking to develop or revisit their company strategy and vision while at the same time keeping sight of their own personal goals. The MBI Personal Workshop is also well-suited to a group of individuals brought together for a professional development conference.
- **MBI Professional Workshops** are tailored to teams who already have defined roles and established responsibilities to deliver on company strategy and enhance the company brand. MBI Professional Workshops provide individuals of such corporate teams the opportunity to work on their personal goals while keeping corporate strategy and goals in mind. The primary objective of this workshop is to lead participants to an alignment of their personal and professional goals and set themselves on a clear path to create their ideal work-life blend. Please see MBI Program Brochures for a complete program offering.

## WHAT'S THE DIFFERENCE BETWEEN MY BIG IDEA AND OTHER PROGRAMS?

- Other employee engagement programs focus on optimizing how people work. MBI helps individuals understand *why* they work. Because of this, participating employers have found employees who have completed MBI Workshops come back to work more engaged in their day-to-day work, are more independently motivated and accountable.

## **WHY DOES YOUR CLIENT NEED MY BIG IDEA?**

- Since MBI's focus is on why an employee works, it helps establish links between the employee's individual goals and the goals of their employer. The result is better alignment of individual employee contribution and motivation to support corporate strategy and vision leading to business growth.

## **WHAT IS THE RETURN ON INVESTMENT (ROI) FOR CORPORATIONS AND INDIVIDUALS?**

- Companies get accountability, engagement, increased motivation and a re-invigorated, cohesive team.
- Employees gain clarity of their own personal motivations, learn to focus and achieve a better understanding of how their company's success is interlinked with their own. Last but not least, they further develop a sense of accountability.

## **WHO ARE MY BIG IDEA'S FACILITATORS?**

- MBI completes a pre-workshop interview to establish the best fit with the customer and the MBI facilitator. We have a variety of facilitators with diverse backgrounds and experiences who work to create a bespoke workshop for the client based on their specific objectives and values.

**NOTE: MBI Founder, Michele Bailey, may be available for facilitation or key note addresses. Please enquire for availability and incremental fees.**

## **WHAT SALES TOOLS ARE AVAILABLE TO HELP YOU SELL?**

- Printed and electronic brochures outlining programs and benefits.
- Customized e-blasts.

**Let us help you sell! Got an idea? Need a specific sales tool? Contact us and our marketing department will be happy to assist.**

**1-866-HOCKLEY | Hockley.com**

or

**Shaila Kasmani , Director – My Big Idea**

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# THE SANDLER APPROACH

Take an approach that values long-term success over short-term fixes



## SALES SOLUTIONS

Our selling methodology enables salespeople to engage prospects and exchange information with them in an honest, organized, and non-manipulative manner that serves the best interests of both parties.



## SALES MANAGEMENT SOLUTIONS

Sandler's training enables sales managers (and business owners who must assume a sales management role) to establish a management framework built on productive behaviour, cooperation, collaboration, and accountability.



## LEADERSHIP SOLUTIONS

Leadership isn't just wielding power; fear is one of the least productive tools for motivating people to perform well. True leadership is providing guidance through the exercise of authority that has been earned.



## CUSTOMER SERVICE

So much depends on the performance of team members in this critical but often overlooked role—from building strong customer relationships to uncovering customers' ongoing needs to maintaining customer loyalty.

## Chris Kelly, MBA Owner and Authorized Sandler Trainer

Chris has over twenty years of successful experience in sales and sales leadership. He delivers the time-tested Sandler processes with a practical, real-world perspective aimed at helping you achieve new levels of personal and professional success.



All programs are individually customizable as Half-Day or Full-Day training. Many of our clients continue with reinforcement training at their office location, Sandler Training Toronto or via webinar.



## Sandler Training Toronto

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